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The report also says that 6 percent of people in low- and middle-income countries are tipped into or pushed further into extreme poverty because of [health](#) spending.

"The world's most disadvantaged people are missing out on even the most basic services," says Dr Marie-Paule Kieny, assistant director-general, health systems and innovation, at the [World Health Organization](#). "A commitment to equity is at the heart of universal health coverage. Health policies and programmes should focus on providing quality health services for the poorest people, women and children, people living in rural areas and those from minority groups".

The report, Tracking Universal Health Coverage, is the first of its kind to measure health service coverage and financial protection to assess countries' progress towards universal health coverage.

"This report is a wakeup call: It shows that we're a long way from achieving universal health coverage. We must expand access to health and protect the poorest from health expenses that are causing them severe financial hardship," says Dr Tim Evans, senior director of health, nutrition and population at the World Bank Group.

The report looked at global access to essential health services-including family planning, antenatal care, skilled birth attendance, child immunization, antiretroviral therapy, tuberculosis treatment, and access to clean water and sanitation-in 2013, and found that at least 400 million people lacked access to at least one of these services.

The report also found that, across 37 countries, 6 percent of the population was tipped or pushed further into extreme poverty (\$1.25/day) because they had to pay for health services out of their own pockets.

When the study factored in a poverty measure of \$2/day, 17 percent of people in these countries were impoverished, or further impoverished, by health expenses.

"These high levels of impoverishment, which happen when poor people have to pay out of pocket for their own emergency health care, pose a major threat to the goal of eliminating extreme poverty," says Dr Kaushik Basu, SVP and chief economist at the World Bank Group. "As we transition to a post-2015 development era, we must act on these findings, or the world's poor risk being left behind."

WHO and the World Bank Group recommend that countries pursuing universal health coverage should aim to achieve a minimum of 80 percent population coverage of essential health services, and that everyone everywhere should be protected from catastrophic and impoverishing health payments.

"As more countries make commitments to universal health coverage, one of the major challenges they face is how to track progress," says Dr Ties Boerma, director of the department of health statistics and information systems at the World Health Organization. "The report shows that it is possible to quantify universal health coverage and track progress towards its key goals, both in terms of health services and financial protection coverage."

This is the first in a series of annual reports that WHO and the World Bank Group will produce on tracking progress towards UHC across countries.

"As the saying goes, 'what gets measured, gets done.' With countries around the world taking steps to provide universal health coverage, the ability to identify gaps and effectively measure progress will add critical momentum to this global movement," says Mr Michael Myers, MD at The Rockefeller Foundation. "This an important tool for countries to achieve universal health coverage and build more resilient health systems."

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