

NATHEALTH releases two thought leadership reports at Arogya Bharat Summit 2026

25 March 2026 | News

India requires >\$200 B in healthcare providers investment by 2035, with healthcare generating 23–27 jobs per \$1M invested



NATHEALTH released two significant thought leadership reports at the Arogya Bharat Summit 2026, offering a comprehensive view of India’s healthcare transformation journey—spanning both population health outcomes and financing architecture.

The first report, developed in collaboration with Bain & Company, highlights the critical link between population health and economic growth. It underscores that improving India’s Health-Adjusted Life Expectancy (HALE) from ~61 years to 70 years could unlock a fivefold increase in GDP per capita, positioning health as a central lever in achieving the Viksit Bharat 2047 vision.

The second report, in partnership with Praxis Global Alliance, focuses on India’s healthcare financing landscape. It draws attention to structural gaps, including high out-of-pocket expenditure (~44%) and the large “missing middle” population lacking adequate insurance coverage. The paper outlines a roadmap to build a more inclusive, interoperable, and sustainable financing ecosystem as the sector scales towards a projected \$700 billion by 2030.

Together, these reports present a unified call to action, emphasising that India’s next phase of healthcare progress will

depend on strengthening both health outcomes and the systems that finance them.

Ameera Shah, President- NATHEALTH and Promoter & Executive Chairperson, Metropolis Healthcare said "Despite our progress, nearly 44% of health expenditure in India still comes directly from the patient's pocket, and over 400 million people, the 'Missing Middle'- remain without effective coverage. NATHEALTH's thought leadership report is a wake-up call to create more inclusive financing models. By expanding private insurance penetration and leveraging digital health infrastructure, we can reduce the financial shock of medical emergencies for millions of families."