

## FindMyHealth launches self-assessment online test for COVID-19

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**It is based on the data and guidelines released by the Centre for Disease Control/World Health Organization.**



The COVID-19 pandemic has upended the lives of billions of people around the world. Healthtech startups are taking these challenges into stride by working on different ways patients can opt for virtual OPDs using teleconsultation modules, where doctor-patient communication can happen remotely. People in larger numbers are opting for virtual consultation because they want to avoid hospitals during the time of coronavirus.

To meet this rise in demand digital healthcare startups are stepping up to fight Covid-19. FindMyHealth, an AI-powered preventive healthcare platform is offering a quick self-assessment online test, driven by #AI to know your current risk level for Corona. To perform this test one needs to click on the website/App link.

FindMyHealth enables online tests for the current Coronavirus pandemic. The first one is 'Corona Risk Calculator' which is a quick self-assessment online test, driven by #AI to know your current risk level for Corona. The Calculator evaluates symptoms, exposure and World Health Organization data for observed mortality. It is based on the data and guidelines released by the Centre for Disease Control/World Health Organization. The main concept behind this is to be a first point of triaging, helping users address their anxiety regarding corona infection. For borderline and high-risk users are connected to the nearest helpline number and also get a free call back for high-risk users who opt for this service. Call back allows a medical professional to immediately talk to them and suggest appropriate actions.

The second test is an Ayurvedic Immunity Booster which can be taken by Individuals with low immunity score (apart from our AI-driven inner health analysis). The booster is a combination of eleven specifically identified herbs that regulate immunity, which is our primary defense against any bacteria or virus. This can be widely deployed to proactively identify high-risk individuals for further testing and care. Hindi version is also available.

FindMyHealth, started by Flipkart and IIT Mumbai alumni, helps individuals get a peek into their inner health using a combination of AI and Ayurveda. It was recognized as the 20 most promising health tech startups in 2020 by CIORReviewIndia.

